



MEDICAL & FAMILY HISTORY: Place a check mark (v) in the appropriate boxes to identify all illnesses/conditions in your **blood relatives** or yourself

Illness	Self	Father	Mother	Sibling	NONE
Cancer					
Heart Disease					
Diabetes					
Stroke/TIA					
High Blood Pressure					
Kidney/Renal Disease					
Liver Disease					
Alcohol/Drug Addiction					
Anxiety/Depression					
Tuberculosis					

Illness	Self	Father	Mother	Sibling	NONE
Migraines					
Coronary Artery Disease (CAD)					
Congestive Heart Failure (CHF)					
Anemia					
Arthritis					
Bleeding Disorder					
Osteoporosis					
Stroke (Cerebrovascular Disease)					
Other: _____					
Other: _____					

Surgical History: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please indicate if you have the following symptoms:

<p><b>Constitutional</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Weight Loss  <input type="checkbox"/>yes <input type="checkbox"/>no Weight Gain  <input type="checkbox"/>yes <input type="checkbox"/>no Fever/Chills  <input type="checkbox"/>yes <input type="checkbox"/>no Night Sweats  <input type="checkbox"/>yes <input type="checkbox"/>no Hair Loss  <input type="checkbox"/>yes <input type="checkbox"/>no Weakness</p> <p><b>Eyes</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Blurred or double vision  <input type="checkbox"/>yes <input type="checkbox"/>no Painful or Dry Eyes  <input type="checkbox"/>yes <input type="checkbox"/>no Disease or Cataracts  <input type="checkbox"/>yes <input type="checkbox"/>no Infection or Injury  <input type="checkbox"/>yes <input type="checkbox"/>no Blind Spots or Floaters</p> <p><b>Ear/Nose/Mouth/Throat</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Headaches  <input type="checkbox"/>yes <input type="checkbox"/>no Sinus pain  <input type="checkbox"/>yes <input type="checkbox"/>no Nose bleeds  <input type="checkbox"/>yes <input type="checkbox"/>no Sore throat  <input type="checkbox"/>yes <input type="checkbox"/>no Voice change  <input type="checkbox"/>yes <input type="checkbox"/>no Ulcers of Mouth/Nose  <input type="checkbox"/>yes <input type="checkbox"/>no Bleeding Gums  <input type="checkbox"/>yes <input type="checkbox"/>no Dry Mouth  <input type="checkbox"/>yes <input type="checkbox"/>no Earache/Ear Infection  <input type="checkbox"/>yes <input type="checkbox"/>no Hearing Loss or Ringing</p>	<p><b>Cardiovascular</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Chest Pain  <input type="checkbox"/>yes <input type="checkbox"/>no Irregular Heartbeat  <input type="checkbox"/>yes <input type="checkbox"/>no Swelling hands/feet  <input type="checkbox"/>yes <input type="checkbox"/>no Varicose Veins  <input type="checkbox"/>yes <input type="checkbox"/>no High Blood Pressure  <input type="checkbox"/>yes <input type="checkbox"/>no Heart Disease</p> <p><b>Respiratory</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Wheezing  <input type="checkbox"/>yes <input type="checkbox"/>no Chronic Cough  <input type="checkbox"/>yes <input type="checkbox"/>no Shortness of Breath  <input type="checkbox"/>yes <input type="checkbox"/>no Spitting up Blood  <input type="checkbox"/>yes <input type="checkbox"/>no Sleep Apnea  <input type="checkbox"/>yes <input type="checkbox"/>no Bronchitis  <input type="checkbox"/>yes <input type="checkbox"/>no Pneumonia  <input type="checkbox"/>yes <input type="checkbox"/>no Asthma  <input type="checkbox"/>yes <input type="checkbox"/>no Tuberculosis</p> <p><b>Gastrointestinal</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Diarrhea  <input type="checkbox"/>yes <input type="checkbox"/>no Constipation  <input type="checkbox"/>yes <input type="checkbox"/>no Abdominal Pain  <input type="checkbox"/>yes <input type="checkbox"/>no Indigestion/Heartburn  <input type="checkbox"/>yes <input type="checkbox"/>no Blood in Stool  <input type="checkbox"/>yes <input type="checkbox"/>no Nausea or vomiting</p>	<p><b>Genitourinary</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Frequent Urination  <input type="checkbox"/>yes <input type="checkbox"/>no Painful Urination  <input type="checkbox"/>yes <input type="checkbox"/>no Blood in Urine</p> <p><b>Endocrine</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Heat Intolerance  <input type="checkbox"/>yes <input type="checkbox"/>no Cold Intolerance  <input type="checkbox"/>yes <input type="checkbox"/>no Diabetes  <input type="checkbox"/>yes <input type="checkbox"/>no Thyroid Disease  <input type="checkbox"/>yes <input type="checkbox"/>no Excessive Thirst  <input type="checkbox"/>yes <input type="checkbox"/>no Excessive Urination  <input type="checkbox"/>yes <input type="checkbox"/>no Tired/Sluggish</p> <p><b>Skin/Breast</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Rash or lesions  <input type="checkbox"/>yes <input type="checkbox"/>no Itching  <input type="checkbox"/>yes <input type="checkbox"/>no Skin color change  <input type="checkbox"/>yes <input type="checkbox"/>no Breast Pain/Lumps  <input type="checkbox"/>yes <input type="checkbox"/>no Breast Discharge</p> <p><b>Neurologic</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Frequent Headaches  <input type="checkbox"/>yes <input type="checkbox"/>no Seizures or Tremors  <input type="checkbox"/>yes <input type="checkbox"/>no Dizziness  <input type="checkbox"/>yes <input type="checkbox"/>no Numbness/Tingling</p>	<p><b>Psychological</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Depression  <input type="checkbox"/>yes <input type="checkbox"/>no Anxiety/Nervousness  <input type="checkbox"/>yes <input type="checkbox"/>no Memory Loss/Confusion  <input type="checkbox"/>yes <input type="checkbox"/>no Insomnia</p> <p><b>Hematologic/Lymphatic</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Swollen Gland  <input type="checkbox"/>yes <input type="checkbox"/>no Enlarged Lymph Nodes  <input type="checkbox"/>yes <input type="checkbox"/>no Anemia  <input type="checkbox"/>yes <input type="checkbox"/>no Phlebitis or clots in legs  <input type="checkbox"/>yes <input type="checkbox"/>no Anemia  <input type="checkbox"/>yes <input type="checkbox"/>no Tendency to bleed/bruise  <input type="checkbox"/>yes <input type="checkbox"/>no Slow to heal after cuts</p> <p><b>Musculoskeletal</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Joint Pain  <input type="checkbox"/>yes <input type="checkbox"/>no Joint Swelling or Stiffness  <input type="checkbox"/>yes <input type="checkbox"/>no Back Pain  <input type="checkbox"/>yes <input type="checkbox"/>no Neck Pain  <input type="checkbox"/>yes <input type="checkbox"/>no Muscle or Joint</p> <p><b>Weakness</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no Limitation of Motion  <input type="checkbox"/>yes <input type="checkbox"/>no Muscle Pain or Cramps  <input type="checkbox"/>yes <input type="checkbox"/>no Cold Extremities  <input type="checkbox"/>yes <input type="checkbox"/>no Pain while at rest  <input type="checkbox"/>yes <input type="checkbox"/>no Arthritis</p>
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**NEW PATIENT EXAM**

**Date:** \_\_\_\_\_ **Patient Name:** \_\_\_\_\_ **Chart #:** \_\_\_\_\_

BP \_\_\_\_\_; Height \_\_\_\_\_ft \_\_\_\_\_in; O<sub>2</sub> \_\_\_\_\_%; Pulse \_\_\_\_\_; RR \_\_\_\_\_; Temp \_\_\_\_\_; Weight \_\_\_\_\_(lb); VRS \_\_\_\_\_/10

**Gen Appearance:** ( well-appearing  ill-appearing  debilitated) ( no acute distress  mild  moderate  severe distress)

**HEENT:**  Normal  Not Tested  Change \_\_\_\_\_  
**NECK:**  Normal  Not Tested  Change \_\_\_\_\_  
**LUNGS:**  Normal  Not Tested  Change \_\_\_\_\_  
**HEART:**  Normal  Not Tested  Change \_\_\_\_\_  
**ABD:**  Normal  Not Tested  Change \_\_\_\_\_  
**PERIPH:**  Normal  Not Tested  Change \_\_\_\_\_  
**SKIN:**  Normal  Not Tested  Change \_\_\_\_\_

Upper extremities  R  L; Lower extremities  R  L

**Mental Status**  Normal  Not Tested  Change \_\_\_\_\_  
**Cranial Nerves:**  Normal  Not Tested  Change \_\_\_\_\_  
**Motor Sys:**  Normal  Not Tested  Change \_\_\_\_\_  
**Coordination:**  Normal  Not Tested  Change \_\_\_\_\_  
**Manual Muscle:**  Normal  Not Tested  Change \_\_\_\_\_  
**Sensory:**  Normal  Not Tested  Change \_\_\_\_\_  
**Gait/Station:**  Normal  Not Tested  Change \_\_\_\_\_  
**Reflexes:**  Normal  Not Tested  Change \_\_\_\_\_

**ASSESSMENT:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Education:**  Education provided \_\_\_\_\_ minutes.  Smoking Cessation Counseling Provided

**PLAN:**  UVLrx Therapy: # Treatments Recommended: \_\_\_\_\_  
 Labwork \_\_\_\_\_  
 Other: \_\_\_\_\_

**Follow Up:**  \_\_\_\_\_ (weeks / months)  Call for appointment when needed  
 Follow-up with PCP \_\_\_\_\_

**Additional Notes:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_